



The Truth About Shame by [John T Polk II](#)

All Scriptures and comments are based on the **New King James Version**, unless otherwise noted.

Is There No Shame?

Josh Duggar's 2006 police record was released about his teen-aged sins in 2002. His family at the time dealt with his problems with counseling and forgiveness. As the oldest of the children on *19 Kids and Counting*, his shame for his sins made him seek God as never before. The Learning Channel (TLC) has dropped the series, as has its sponsors, and even HULU won't replay the program!

The Bachelorette, 30-year-old Kaitlyn Bristowe, had sex with a suitor and said, "intimacy, to me, is part of a relationship. I don't know why everyone is so shocked by it." Isn't it sad to watch headline hypocrisy at work? Kaitlyn is shameless, Josh is ashamed.

A prudent man covers shame (**Proverbs 12:16**) [and] the unjust knows no shame (**Zephaniah 3:5**).

Let the proud be ashamed (**Psalm 119:78**).

A Shameless Existence

There is no reason to be ashamed, if we obey God. David said,

You have commanded us To keep Your precepts diligently. Oh, that my ways were directed To keep Your statutes! Then I would not be ashamed, When I look into all Your commandments (**Psalm 119:4-6**).

Let my heart be blameless regarding Your statutes, that I may not be ashamed (**Psalm 119:80**).

The sinners who condemn Christians and Bible-believers are the one who should be ashamed! David also said,

Let the proud be ashamed, for they treated me wrongfully with falsehood (**Psalm 119:78**).

Woe to those who call evil good, and good evil; who put darkness for light, and light for darkness; who put bitter for sweet, and sweet for bitter! (**Isaiah 5:20**).

No one is wrong who serves God.

What Is YOUR "Truth?"

Jews delivered Jesus to Pilate as an "evildoer." Jesus claimed His kingdom was "not of this world" and to "bear witness to the truth."

Pilate said to Him, 'What is truth?' (**John 18:29-38**). [Pilate's decision was,] "I find no fault in Him at all."

Pilate's decision was based upon "the truth." "The truth" did not depend on from whose heart it came, but from absolute facts.

Have I not written to you excellent things Of counsels and knowledge,
That I may make you know the certainty of the words of truth, That you
may answer words of truth To those who send to you?
(**Proverbs 22:20-21**).

Each person does not determine their own "truth." Don't ask, "what is YOUR truth," but ask, "have you learned "the truth?" Truth in, truth out.

Can You Handle "The Truth?"

Do you believe "the truth," or what someone has told you as truth? Jesus told a Samaritan woman at Jacob's well what her life had been like, and she perceived that He was "a prophet." She told her fellow citizens what had happened.

And many of the Samaritans of that city believed in Him because of the word of the woman who testified, 'He told me all that I ever did'
(**John 4:39**).

After Jesus taught them for two more days,

Many more believed because of His own word. Then they said to the woman, 'Now we believe, not because of what you said, for we ourselves have heard Him and we know that this is indeed the Christ, the Savior of the world'" (**John 4:42**).

Can you handle "the truth?"

Living A Lie

Bruce Jenner had a sex change operation 63 years after the first such operation, and he supposedly Tweeted:

"I'm so happy after such a long struggle to be living my true self."

Really? Why does it take so much surgery and hormones to become one's "true self?" Jesus Christ said,

"He who made them at the beginning 'made them male and female'"
(**Matthew 19:4**).

We are born with our sexual identify. It is a violation of our nature ("perversity") to become something else.

Therefore God also gave them up to uncleanness, in the lusts of their hearts, to dishonor their bodies among themselves (**Romans 1:24**).

For the perverse person is an abomination to the LORD (**Proverbs 3:32**).

Everyone who treats this as normal, exciting, courageous, or desirable partakes of his evil deed (**Romans 1:32**).

--- **John T Polk II**

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